

## Expressive Abstract Painting Class Supply List

Heather Neilson

### Required Student Supplies

- [Strathmore 400 Series Mixed Media Pad](#), 18"x24", Acceptable alternatives are Acrylic paper, canvas paper or watercolor paper that is at least 140lbs.
- Every other class, starting with the first class, we will work on the paper above. On alternating weeks, you can choose to work on any substrate you wish such as the same paper as above, canvas, wood or anything else suitable for acrylic paint. However, you might find that you love to work on the mixed media paper and no additional substrates are necessary.
- **Acrylic paints** - Recommend GOLDEN Fluids. However, you can work with any brand and type of acrylic paints.

Colors should include 1 ounce or larger size of:

- Titanium White
- Carbon Black
- 2-5 variations of cool colors (Blues, Greens, Violets)
- 2-5 variations of warm colors (Yellows, Reds, Oranges).

*Here are some of Heather's favorite colors and links (note: these are just ideas and not required):*

*Warms:*

Yellow Ochre, Burnt Sienna, Azo Gold, Quinacridone Magenta, Alazarin Crimson, Napthol Red Medium, Titan Buff, Van Dyke Brown, Burnt Umber

*Cools:*

Paynes Gray, Cerulean Blue Deep, Ultramarine Blue, Teal, Green Gold, Prussian Blue, Sap Green, Titan Green Pale, Permanent Violet Dark

- An assortment of brushes. I recommend having a few sizes. Have one that is at least 1 inch width or wider. You can use any brushes but soft synthetic bristles are great for fluid acrylic paints. This Silverbrush SilverSilk 88 1 1/2" brush is exceptional.
- Fluid Matte Medium - [GOLDEN brand recommended](#), 8 ounces or next smallest bottle. OR regular Matte Medium. Any brand is fine.
- White Gesso GOLDEN recommended but any brand is fine.
- [Yellow frog tape](#) - 1" (.94") Alternatively, Artist Tape in 1" (or close) width.
- Something flat and sturdy to tape your paper to that is larger than 18x24 such as a 20x30 piece of foam core. A piece of foam core or thick cardboard works great.

**Please also bring:**

- A roll of paper towels for clean up (recommend Blue shop papers towels from hardware store)
- Flat Palette for paint. Options include palette paper, freezer paper, large metal or plastic tray.
- Palette knife (preferably metal)
- Plastic container for water. A large yogurt container works well.
- A ruler
- A pencil and/or pen
- Notebook/Journal for class notes

**Optional:**

- Latex Gloves
- Apron
- Mark making tools such as a brayer, old card for scraping, silicone bowl scraper, color shapers. Or any other mark making tool you like to use.
- Other (any or all of the following. Teacher will bring some to use):
  - Charcoal
  - Oil pastels
  - Graphite