

Expressive Abstract Painting Class Supply List

Heather Neilson

Required Student Supplies

- [Strathmore 400 Series Mixed Media Pad](#), 18"x24", Acceptable alternatives are Acrylic paper, canvas paper or watercolor paper that is at least 140lbs. I do NOT recommend the Canson brand that is 98lbs.
- Every other class, starting with the first class, we will work on the paper above. On alternating weeks, you can choose to work on any substrate you wish such as the same paper as above, canvas, wood or anything else suitable for acrylic paint. Heather will review the options during the first class if you wish to wait to purchase additional substrates. You might find that you love to work on the 18x24 paper and no additional substrates are necessary.
- Acrylic paints - Recommend GOLDEN fluids. However, you can work with any brand and type of acrylic paints. Colors should include 1 ounce or larger size of Titanium White, Carbon Black, and any variation of Yellow, Red, Blue and at least one other color that you love. Heather will bring some supplemental GOLDEN colors to try but they should not be your main source of paint. This is a good [GOLDEN Fluid starter set](#).
- An assortment of brushes. I recommend having various sizes and try to have one that is a larger size =at least 1 inch width if not wider. You can use any brushes you wish as long as they are suitable for acrylic. [Silver Brush brand](#) , especially the SilverSilk 88 line, is an exceptional acrylic brush. I will have some Silver Brush brushes to for you to try.
- Fluid Matte Medium - [GOLDEN brand recommended](#), 8 ounces or next smallest bottle. OR [regular Matte Medium](#). Any brand as an alternative is fine.
- White Gesso [GOLDEN recommended](#) but any brand will do.

- [Yellow frog tape](#) (can usually be found at Home Depot or most hardware stores in the paint section). 1" (.94") Alternatively, Artist Tape in 1" (or close) width.
- Something flat and sturdy to tape your paper to that is larger than 18x24 such as 20x30. A piece of foam core or thick cardboard works great. Alternatively, you can purchase a piece of foam core from me for an additional \$5.

Please also bring:

- A roll of paper towels for clean up (recommend Blue shop papers towels from hardware store)
- Palette for paint. Options include palette paper, freezer paper (found at grocery store), large metal or plastic tray.
- Palette knife (preferably metal)
- Plastic container for water. A large yogurt container works well.
- A ruler
- A pencil and/or pen
- Notebook/Journal for class notes

Optional:

- Latex Gloves
- Apron
- Mark making tools such as a brayer, old card for scraping, silicone bowl scraper, color shapers. Or any other mark making tool you like to use
- Any other favorite art making tool
- Other (any or all of the following. Teacher will bring many to use):
 - Charcoal
 - Oil pastels
 - Pastel
 - Graphite